

COVID-19 Daily Schedule

Before 9:00 am	Wake up	Eat breakfast, make your bed, get dressed, put PJ's in Landry
9:00 am - 10:00 am	Morning walk	Family walk with the dog, yoga if it's raining
10:00 am - 11:00 am	Academic time	Sudoku books, flash cards, study guide, journal
11:00 am - 12:00 am	Creative time	Legos, drawing, crafting, play music, cook or bake, etc.
12:00 pm	Lunch	
12:30 pm	Chore time	A – wipe all kitchen table and chairs B – wipe all door handles, light switches and desktops C – wipe both bathrooms – sinks and toilets
1:00 pm - 2:30 pm	Quiet time	Reading, puzzles, nap
2:30 pm - 4:00 pm	Academic time	iPad games, prodigy, educational show
4:00 pm – 5:00 pm	Afternoon fresh air	Bikes, walk the dog, play outside
5:00 pm – 6:00 pm	Dinner	
6:00 pm – 8:00 pm	Free TV time	Kid showers
8:00 pm	Bedtime	All kids
9:00 pm	Bedtime	All kids who follow the daily schedule and don't fight