

Our Mission

*Interfaith
Community Counselling Centre
strengthens the fabric
of our community by empowering
individuals, couples and families
to realize their emotional
wellness and triumph over
life's challenges.*



*Support...
Growth...
New Ideas*



Our History

*Interfaith Community
Counselling Centre
has supported the needs of
individuals, couples
and families
for almost three decades.
Established in 1982,
ICCC is a registered non-profit
organization under the direction
of an elected volunteer
Board of Directors.*



*Interfaith
Community Counselling Centre*



SCHOOL-BASED COUNSELLING SERVICES

*Offering personal and
confidential counselling services
to students at their school.*

*Family Counselling is available
at the Interfaith Community
Counselling Centre office:*

23B Church Street
New Hamburg, Ontario N3A 1J1
Phone: 519 662-3092 Fax: 519 662-4313

info@interfaithcounselling.ca

People Helping People



What is School-Based Counselling

An opportunity to provide support to students in a familiar and comfortable setting.

A chance to meet students at school is often more convenient for a family's busy schedule.

How does School-Based Counselling work?

ICCC staff will collaborate with the school and the student's family or guardians. It is important that students see and understand that their family and school are supportive of their needs.

ICCC counsellors will update parents/guardians on their child's progress.

The student will be called to the office by the school secretary or principal so other students will not know your child is receiving counseling.



Specialized Support

Our counsellors are experienced professionals with many specializing in specific treatment services including:

- Play Therapy and Theraplay
- Child and Family Therapy
- Mediation
- Suicide Support & Awareness

Counsellors will...

- Arrange with the school an appropriate time to meet with your child
- Ensure counselling remains confidential
- Listen to concerns/needs without judgment
- Guide the student to set realistic goals by building on their strengths and resources
- Encourage he/she to develop strategies and tools for coping
- Facilitate communication as needed
- Provide support in achieving emotional wellness
- Create a plan for continued growth before counselling ends
- Direct the family to other community supports as needed

Funding

Counselling is available at \$95.00 per session. Often the cost of counselling is covered by Employee Benefit Plans, Fee for Service or a Health-Connect Doctor referral. However there are situations where this funding is not available so it is through generous donations from individuals, churches, service clubs and businesses together with grant endorsements that ICCC is able to provide subsidies where applicable.



Counselling Services & Programs

Personal, professional, confidential, individual and group counselling available:

- Anger & Stress Management
- Peer Relationship Issues
- Family Difficulties
- Bullying & Conflict Resolution
- Self-Esteem Concerns
- Eating Disorders & Body Image
- Family Violence
- Healthy Eating
- Separation and Divorce
- Substance Use
- Trauma Recovery
- Mood Regulation
- Anxiety
- Depression
- Attachment
- Sexuality Concerns
- Grief and Bereavement
- Abuse: Emotional, Physical and Sexual